

Employee wellness that runs on data, not guesswork.

Health camps, specialist sessions and doctor consultations at your campus — organized end-to-end by one team. Plus the part nobody else brings: a live population-health dashboard that shows what your workforce actually needs.

NHA INDIA CERTIFIED · PHR & HEALTH LOCKER · ISO 9001:2015 · ISO 27001



Most corporate wellness is a guess



- ✗ **Reports that die in inboxes**
Employees get a PDF, glance at it once, and lose it. The next camp starts from zero.
- ✗ **Programmes picked at random**
Yoga day, a nutrition talk — chosen by calendar and hunch, not by your workforce's data.
- ✗ **No way to prove ROI**
Leadership asks what the spend achieved; there's a participation count and little else.

What we run for your teams



Health screening camps

On-campus vitals (BP, sugar, BMI) and lab panels with certified lab partners — sample collection to doctor-reviewed reports.



Doctor consultation days

GP and specialist consultation days at your office, with private follow-up guidance for every employee.



Specialist-led sessions

45-minute talks + Q&A by credential-verified specialists — cardiology, mental health, nutrition, orthopaedics, women's health. Onsite or virtual.



Population health dashboard

ONLY US

Anonymized aggregate analytics across vitals, labs, imaging, medications and lifestyle — sliced by age group and location.



Full app subscription

Every employee gets the complete ExaHealth subscription — one app that manages their entire health. Details overleaf.



ABHA-linked digital reports

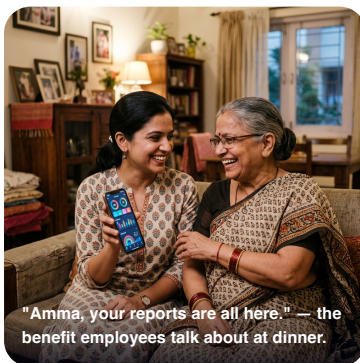
Reports live in each employee's own national health record — theirs to keep for life, even after they leave.

Annual wellness calendar

Family on the same subscription

Company Health Index

Employees feel cared for. HR gets evidence.



EVERY EMPLOYEE GETS

- ✓ Screening, consultations and specialist sessions at the office
- ✓ Reports explained in plain language, not just numbers
- ✓ Complete health history in their own app, linked to ABHA
- ✓ Trends over time — BP, sugar, weight — not one anxious reading
- ✓ Their family on the same platform

HR & LEADERSHIP GET

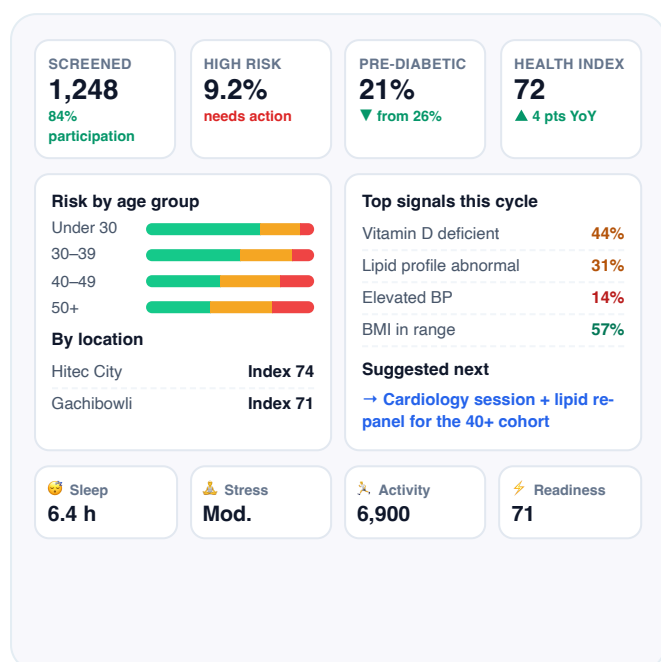
- ✓ One partner for the entire programme — zero vendor juggling
- ✓ The population dashboard: risks by age group and location
- ✓ Year-on-year outcome curves that prove the budget worked
- ✓ A Company Health Index for OKRs and wellbeing reporting
- ✓ Aggregate risk data that strengthens insurance renewals

Camps are the entry. The platform is the difference.

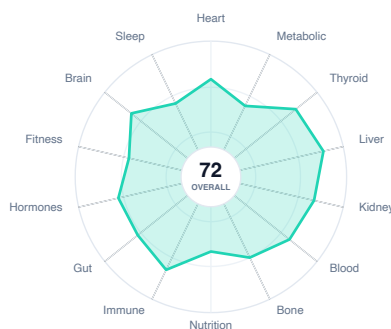
See your workforce dashboard overleaf →

See your workforce's health. Then act on it.

Every camp feeds an anonymized, aggregate dashboard for HR and leadership — vitals, labs, imaging and medications, plus sleep, stress, activity and readiness — sliced by age group and location. Individual records stay private, always.



The full spectrum — 14 dimensions



- ✓ **Aggregate, never individual** — minimum cohort sizes; no employee is ever identifiable.
- ✓ **Beyond camp day** — sleep, stress, activity & readiness from wearables keep the picture live.
- ✓ **Closed loop** — measure, run the targeted programme, re-measure. Year-on-year curves are HR's ROI slide.
- ✓ **Company Health Index** — one score for OKRs and wellbeing / ESG reporting.

One subscription. Their complete health, managed.

Every employee gets the full ExaHealth subscription — not a "corporate lite" app. The differentiators no other wellness vendor brings:

Records Vault

Every report, prescription and scan — auto-organized for life.

Ask Exa — AI assistant

Plain-language answers about reports and medicines, in-app or on WhatsApp.

Lab reports, explained

Every value against guideline ranges, in words people can act on.

Health Score + radar

14 dimensions, one holistic score per person, tracked over time.

Vitals & wearable trends

BP, sugar, sleep, HRV, readiness — trend lines, not one reading.

Medication intelligence

One medicine list across prescribers, interaction checks, reminders.

Visit report

A one-page summary to carry into any consultation.

Family included

Parents, spouse and children on the same subscription.

ABHA-linked for life

Their national health record — portable even after they leave.

Individual data is never shared. With anyone. Ever.

Architectural, not policy: each employee's records exist only in their own app. HR sees aggregate cohorts with minimum sizes enforced — no one can be identified by name or by inference. Employees opt in individually; that line never moves, in the product or in the contract.

How do employees join?

By company email domain — sign up with a work email and the corporate plan applies automatically. No rosters for HR.

Opting out or leaving the company?

Switch to a personal email: all data stays intact and portable; they simply continue on a personal plan.

How is it charged?

Pay only for company-email subscribers — or a negotiated company-wide deal covering every employee.

Next year, when leadership asks what your wellness budget achieved, you'll have a number, a trend, and a workforce that felt genuinely looked after.

That's the difference between running an event and running a programme.

Let's plan your first camp.

Jagadishwar Balla, Founder · +91 77990 00005 · support@exahealth.com ·

www.exahealth.com



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